

CENTENNIAL HOTSPOT

Centennial Presbyterian Church

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Minister's Musings

Come with me and get some rest

We all have some kind of burden that we carry around from day to day. Many may have financial obligations that are weighing them down, while others may have family sickness that is weighing them down. Still there are others that are contending with dysfunctional relationships. The list of burdens could go on and on. The sad fact is that we all have something that puts us under enormous pressure and stress from time to time. When we add life's enormous burdens to life's everyday bothers things can get very stressful indeed. After a short time in trying to cope with the two together we grow very weary indeed.

Weariness is simply a problem that we all face in this life. One consequence of our weariness is a decrease in our capacity to care. Love takes energy. We want to love more, but we lack the energy. Philanthropic organizations talk about donor fatigue; charities talk about compassion fatigue; parents, especially single parents, talk about family fatigue. Trying to capitalize on all the choices and all the demands in our lives *today* leaves us burned out.

We have a weariness that extra strong Tim Horton coffee can negate, no good night's sleep can remove, and no relaxing week at the beach can eliminate. Why not? Because our tiredness is a weariness of the soul. We are spiritually drained. Our lives are less than what we want them to be and less than what God wants them to be. This soul fatigue causes us not only to fail to love as we want to love but also to fail to

live up to our beliefs and values. Soul fatigue causes us to fail to be the kind of spouse we want to be, to fail to be the kind of parent our kids need us to be, to fail to be the kind of friend our friends need, to fail to serve the poor, to fail to share the good news of God's love in Jesus Christ with others, to fail to grow in spiritual maturity. Soul fatigue leaves us as hapless, helpless, hopeless hitchhikers along the road of life. And the really sad part is that we think soul fatigue is normal. That may be the kind of life some of us live, but that's not the kind of life God wants to give. Weariness is not God's desire for our lives.

Here is the good news. Jesus says, "Come to me all who are weary and burdened." We look forward to getting invitations. They're usually invitations to great celebrations and we have fun. We find ourselves relaxed. The Lord extends His invitation to us every day. He says, "Come with me and get some rest." Realize that our bodies are only meant to work so much and that the Lord provides rest for them. During the night when we sleep, during times of vacation, the Lord says, "Come with me and get some rest." He didn't say, come unto the temple, church, the Bible, or prayer. He said, come unto me. Jesus was saying, I'm not leading you to the answer, I am the answer.

Jesus goes on to qualify who is eligible to come to him. He says, "Come to me all who are weary and burdened". Notice that Jesus does not put a limit on what kind of burdens we need to have, or how large the burden has to be. All that's needed is a recognition of burden, a heartache, or a pain. They come in all forms. Husband or wives that won't do right. Children in trouble with school or the law. Burdens of loneliness. Burdens of

taking care of sick relatives. Burdens for the church. Burdens of disappointment, of rejection, of death, of addictions. Burdens of not knowing which way to turn next. Life can be very hard and difficult. But these are the very burdens that Jesus wants us to bring to Him, so that He can share the load and give us strength to overcome.

Jesus is always on the lookout for hurting people. People who are bold enough to admit--Lord I need some help. I cannot carry these problems alone. Jesus goes on to say, "I will give." Notice that Jesus did not say, I might, or I'll probably, or I think about it. No, Jesus said, "I will give you." He could not have been any more definite. Jesus is offering refreshment of soul, peace for the mind and strength for the body.

One man challenged another to an all-day wood chopping contest. The challenger worked very hard, stopping only for a brief lunch break. The other man had a leisurely lunch and took several breaks during the day. At the end of the day, the challenger was surprised and annoyed to find that the other fellow had chopped substantially more wood than he had. "I don't get it," he said. "Every time I checked, you were taking a rest, yet you chopped more wood than I did." "But you didn't notice," said the winning woodsman, "that I was sharpening my ax when I *sat* down to rest."

I'm going to have a vacation in July. I pray that I may come back as a better pastor, better person. I hope we may worship together in person at the church by then.



NOTES FROM THE LOFT



Summer is always a time off for the music team and this year is no different. As we are looking at reopening in August, and resuming our programming in September, please think about your commitment to choir and rejoin us! If you have wanted to sing in the choir but haven't done so yet, please speak to me and let me know. We would love to have you.

As well, July 2 marks the return of Doug Zacharias from Abu Dhabi for the summer. He has taken on a second contract for the upcoming year and will be leaving again mid August.

Carla Zacharias
Music Team Leader

WORSHIP COMMITTEE NEWS

We have a tentative date! The Lord willing physical worship will resume August 8. We need volunteers now. Here are the areas you can serve:

- ◆ Lay reading
- ◆ Powerpoint preparation
- ◆ Sound operation
- ◆ Slide show operation
- ◆ Video operation (we are planning to record our services)
- ◆ Ushers
- ◆ Greeters

Our minister is going to be away July 11, 18, 25 and August 1. As a result, we will be joining other presbyterian congregations in the city for virtual worship. Links will be sent to you with our weekly mailing. We will continue to have virtual Coffee Time each Sunday at 11:00 am.

Please continue to let us know your upcoming family celebrations so that we can acknowledge them in the announcements. We like to do this either for virtual or physical services.

As noted above, we are going to begin video recording our services. The videos will be posted to our website and available on our YouTube channel for those who cannot or are unwilling to be at worship.

With regret, the committee has accepted the resignation of Gwyn Crowe. We have valued her contributions.

All committees are able to accept new members between annual meetings. If you have an interest in worship matters and would like to serve on the committee, please contact the church office.

As always, we value your input on all matters pertaining to worship both virtual and physical. Please direct your comments to us at office@centennialchurch.ca or broad2well@shaw.ca

Jim Broadwell
Chairman, Worship Committee

PEWS NEWS

Birthdays to celebrate in July!

July 7, Regan Zacharias & Kalyan Johnson; July 15, Jacob McKinnon; July 16, Bob McKinnon; July 21, Joyce Kim, Daniel Edie; July 24, Estelle Edie; July 25, Sarah Changach

UPCOMING EVENTS

July 4, 11, 18, 25 Virtual Coffee Hour

VIRTUAL COFFEE HOUR!

Our Virtual Coffee hour continues! It is an easy way to connect with others from the congregation. You can stay for five minutes, half an hour, an hour! Come say hi!

11:00 am on July 4, 11, 18, 25 (if the service goes long, or your coffee isn't quite ready, just jump on the call when you can!)

<https://us02web.zoom.us/j/83259579765?pwd=Ri9JTUorNFRKeWNUlpUK2xUQWREQT09>

Meeting ID: 832 5957 9765 Passcode: 369315 One tap mobile +1 647 374 4685 .. 83259579765#

If you have any difficulties, please contact Jim Broadwell and he can talk you through it.

LINKS TO VIRTUAL AND LIVE STREAMING SERVICES FOR JULY

While Rev. Kim is on holidays in July, here are some links to several other Presbyterian churches youtube channels if you would like to join in their worship each Sunday. We will be back worshipping in person August 8!

YouTube Channels:

Varsity Acres: <https://www.youtube.com/channel/UCIGSkuPkFj0r4yirusqmB6zg>

St. Giles: <https://www.youtube.com/channel/UC-WqHebhoh9-M4vCCFzQO6w>

St. Andrew's, Calgary: <https://www.youtube.com/c/StACalgary/featured>

Grace: <https://gracechurchcalgary.com/worship/evening-grace-service/3in1worshipservices/>

Centennial: <https://www.youtube.com/watch?v=0aWaLzcpALM>

Valleyview: <http://www.valleyviewpc.org/>

St. John's: https://www.youtube.com/channel/UcKTco8S94_ke5NCHVxls8Q

St. Paul's: https://www.youtube.com/channel/UcHak6P9gfWJAj3qd_GdDrPA

St. Andrew's, Lethbridge: <https://www.youtube.com/watch?v=CrtokAFesA8>

Knox, Bassano:

Knox, Calgary: <https://www.youtube.com/channel/UCfq-umQjI7cOOnCNHZoHNwA>

Westminster: https://www.youtube.com/channel/UCE-YuGQO6jeESCSC_JJf4Qw



The FISH Network

"Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work."

FISH Network mission, Ephesians 4:15-16

FISH Network: Friendship Inspiration Sharing Hospitality

Our June **FISH Network** meeting was one where ideas for new initiatives were **shared**. Next steps include presenting these congregation-focussed **friendship** and **hospitality** initiatives to Session for their support. We hope to **share** more about these **inspirational** initiatives with you very soon. Our meeting discussion also included anticipation of the church reopening post-pandemic.

Have you called someone from the congregation? Did you send a text? An email? Have you reached out in **friendship**? It's never too late to do so. Be **inspired**. Be the one who makes someone's day a better day!

Do feel welcome to contact our **FISH Network** -- Annie Edie, Carla Zacharias, Israel Ayongwa, Jean Tupper, Jin Woo Kim, Phyllis Russell, Shirley Watts, Simon DeVries. If you are uncertain how to reach us, please call Centennial Presbyterian Church (403 285-7144) or reference your annual report church directory. We are a resource for you – one of **Friendship, Inspiration, Sharing, Hospitality**.

The FISH Network

PRAYER CALENDAR

If you have any prayer concerns that arise, please contact the office and we can include these in our prayer chain. If you would like to be part of our prayer chain, please contact the office and have your name added to the list. Updates will be given via

ON THE LIGHTER SIDE

A kindergarten teacher was walking around observing her classroom of children while they were drawing pictures. As she got to one girl who was working diligently, she asked what the drawing was.

The girl replied, "I'm drawing God."

The teacher paused and said, "But no one knows what God looks like."

Without looking up from her drawing, the girl replied, "They will in a minute."



WORLD'S BEST VOLUNTEER

this certificate is awarded to:
Lauren Zacharias
in recognition, of

Recording music for our virtual service

FISH Network

July 2021

FINANCIAL UPDATE (as of May 31, 2021)

Overall Financial Status (to above date)

Revenue	\$33,908
Expenditures	\$57,392
Surplus / (Deficit)	(\$23,285)

Sources of Revenue

Offering	\$29,864
Rent	\$420
Gov't Subsidy	\$3,624

PCC Investment Update

The 2021/Q1 report from our investment have been received. The earnings this quarter were \$2,757. This compares to \$3,071 for the same period in 2020.

FROM THE BOARD:

Grass cutting for July is scheduled for July 19 and 24, and August 10 and 26. If you can help, please call John Bradford at 403 272 5846.

If the weather is inclement you may cut a day or two earlier or later.

At our last meeting, the Board decided to have the sanctuary and the narthex painted, and yes, we realize that funds are tight but it was felt that this should be done before we re-open,,,,,and that may be happening sooner than later. We hope and pray that our offerings will increase once we are together again.

Since the Board does not have regular meetings over the summer, we encourage you to let a Board member know if you see a maintenance issue that requires immediate attention. Board members are: Pride Muma, Tony Singh, John Bradford, Kwo Ojulo, Valsa Peter, Annie Edie, Gwyn Crowe, Patience Matute, Charles Carter. Ex officio members are treasurer, Sally Salonka, envelope secretary, Francis Djakan, and Rev, Jin Woo Kim.

Board of Managers



WORLD'S BEST VOLUNTEER

this certificate is awarded to:
Doug Zacharias
in recognition, of

Recording music for our virtual service

FISH Network

July 2021

FROM THE OFFICE

Office Hours:

Rev. Kim will on holidays from July 5—August 2. Rev. Peter *****

Carla will be in the church office Thursdays 10:00 –12:00 and Fridays from 9:30—12:00

If you have **upcoming birthdays and anniversaries** you would like us to celebrate as we do every Sunday, please send the dates to office@centennialchurch.ca or call Carla Zacharias and we will get them in for celebrating.

Just a quick reminder, please remember to write “**Envelope Secretary**” on your envelope when mailing in your offerings. Offering envelopes are counted the last Monday of each month.

July Services:

Each week while Rev. Kim is on vacation (July 5—Aug 2) you will receive a weekly email with our announcements and links to services from other congregations, and our weekly coffee hour at 11:00 will continue.

Crossroads Christian Communication presents a **free** virtual VBS Aug. 2-6/21 @ intothe castle.com/vbs. Register ahead of time to receive a magazine & info.

Evelyn Good

As newsletters are being emailed at this time, for those who do not have email addresses or have not provided one a physical copy of the newsletter will be mailed.

August Newsletter submission deadline is July 23.